

# ABC's of Toboggan Hills

**A**lcohol is forbidden.

**B**ales of hay should be placed at all impact points.

**C**lose the hill after an ice storm.

**D**iscourage mechanical means of climbing the hill – scarves can become entangled.

**E**ncourage the wearing of helmets.

**F**rozen bodies of water, roads and parking lots are not good end points for toboggan runs.

**G**round surface should be even with no rocks, trees, brush or knolls on the hill.

**H**ours of use should be clearly defined.

**I**nspect the area regularly and document all inspections and maintenance.

**J**umps and ramps should not be allowed in sledding areas.

**K**eeep garbage off the hill by providing waste receptacles.

**L**ighting should be provided if the hills are open at night.

**M**ark the safe areas for tobogganing.

**N**ot everyone has a cell phone – note the nearest telephone in the event of an accident.

**O**n busy days provide spotters at the top and the bottom of the hill.

**P**arking area should be large enough to accommodate the number of vehicles. Locate the lot far away from the hill.

**Q**uality toboggan runs can only be achieved through a system of inspection, maintenance, appropriate signage and public education.

**R**ules of Conduct should be posted at the entrance to the hill.

**S**chool assemblies are a great way to educate kids and parents on toboggan safety.

**T**welve inches of covered snow on a hill is recommended before the hill is opened.

**U**nsupervised hills should have signs stating this fact.

**V**andals can cause damage, so regular inspections are important.

**W**aivers should be considered for special events such as school outings.

**X'**act run lengths are difficult to measure but it's recommended that hills have run-offs long enough for a natural stop.

**Y**ou own the property, so you are liable.

**Z**one your hills i.e. Forbidden; Age Appropriate; All Levels Welcome.

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